Dear Friendship Center Members

I am sorry to announce that I will be leaving my position as the Friendship Center Coordinator, my last day of centers will be on Friday, January 31st. I am grateful that I had the opportunity to meet and work with such an amazing group of people and make some wonderful memories together. I am happy to introduce you all to the new coordinator, Doraly Espinoza, who will be overseeing all Friendship Center activities going forward.

Much love,

Carly Kaprive

Reminder!

We will be CLOSED both Monday 2/3 and Monday 2/17 this month… Thanks!

Coloring Contest

Congratulations to Edith, winner of the January 2020 coloring contest. Great work!

Quote of the Month

"Love yourself first, because that's who you'll be spending the rest of your life with."

-Unknown

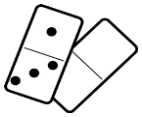
FRIENDSHIP CENTER LOCATIONS

*** Belmont – Good Shepherd Episcopal Church – 1300 Fifth Ave – Belmont, CA 94002**
Daly City – North County Mental Health – 375 89th St.- Daly City, CA 94015
Redwood City – South County Mental Health – 802 Brewster Ave – Redwood City, CA 94063
*** San Carlos – Community United Church of Christ – 1336A Arroyo Ave – San Carlos, CA 94070**

All activities and outings are subject to change without notice. For more information, please contact Doraly Espinoza at 650-257-8823 or e-mail doralye@mhasmc.org.

***=non-smoking center**

FRIENDSHIP CENTER
February 2020

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
2	**CLOSED** Lunch w/ John! 3	**CLOSED** 4	**BELMONT** 9:30-12:30 Domino Fun  5	**REDWOOD CITY** 9:30-12:00 Pictionary! 6	**SAN CARLOS** 9:30-12:00 UNO **DALY CITY** 12:00-3:00 Movie Matinee 7	8
9	**BELMONT** 10:00-1:00 Celebrating the Friendship Center's 50th Anniversary! Cake & refreshments! 10	**CLOSED** 11	**BELMONT** 9:30-12:30 Concentration! 12	**REDWOOD CITY** 9:30-12:00 Water Coloring for Valentine's Day 13	**SAN CARLOS** 9:30-12:00 Valentine's Day would you rather…? **DALY CITY** 12:00-3:00 Valentine's Day Crafts! 14	15
16	**CLOSED** 17	**CLOSED** 18	**BELMONT** 9:30-12:30 Balance in Motion! 19	**REDWOOD CITY** 9:30-12:00 Health & Wellness Discussion 20	**SAN CARLOS** 9:30-12:00 B L O K U S **DALY CITY** 12:00-3:00 Karaoke! 21	22
23	**BELMONT** 10:00-1:00 SOL Mateo Luncheon! 24	**CLOSED** 25	**BELMONT** 9:30-12:30 B I N G O! 26	**REDWOOD CITY** 9:30-12:00 Kings in the Corner 27	**SAN CARLOS** 9:30-12:00 Health & Wellness Discussion **DALY CITY** 12:00-3:00 B I N G O w/ Chris! 28	29