



Mental Health Association

OF SAN MATEO COUNTY

Empowering People to Create Their Best Life

MHA TEAMS UP WITH SM COUNTY HEALTH TO FIGHT COVID-19

MHA has partnered with the San Mateo County Health System to support families and individuals needing to isolate or quarantine due to testing positive for COVID-19 or having been in close contact with someone who has. The MHA Public Health Support program was quickly developed to support county residents to remove barriers to safely isolate. In the program's first few weeks, 201 households have benefited from economic relief, grocery delivery, medication support, essential supplies and referrals to other

agencies for more long-term help if needed. The program runs through December, targeting low income residents, particularly essential and front-line workers, many of whom are living in multi-generational housing. The support received through this program is allowing them to quarantine for their safety and the safety of our community. This deeper support also helps to mitigate the disparities in health care that some of our County residents experience. 🕒



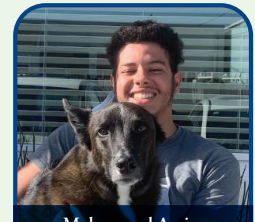
Kathryn Navarro
Case Manager



Typhany Cole
Case Manager



Jasmine Lobato
Public Health Support



Mohammed Amine
Ezzaoui Rahali
Quality Assurance Specialist



Erminia Martinez
MHA Public Health Support

NEW FACES AT MHA!

The shelter in place orders haven't stopped MHA from growing to meet critical needs in our County. Here are some of the people who have joined our team during the last few months.



Christina Chin
Case Manager



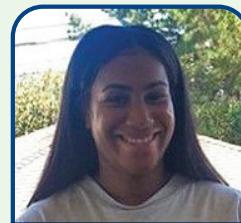
Madeline Bauer
Occupational Therapist



Stephanie Hamilton
Case Manager



Brian Ugalde
MHA Public Health Support



Ajay Cockerham
Case Manager



Doraly Espinoza
Friendship Center Coordinator

MHA will host the documentary *Lift the Mask—Portraits of Life with Mental Illness* on October 22, 2020 from 4:00pm – 5:30pm on Zoom. *Lift the Mask* tells the harrowing, hopeful stories of six individuals living with behavioral and mental health diagnoses. A Q&A session with the filmmakers and some of the subjects will follow the screening.

Visit the MHA website, www.mhasmc.org to register for this free event.

Lift the Mask

PORTRAITS OF LIFE WITH MENTAL ILLNESS

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